



Health and Safety Specialists

(877) 914 – 3473 (FIRE)

(F) (845) 692 – 2402

rb@firephysicals.com



_____ Fire Department

URGENT CARE REFERRAL FORM Company _____

Firefighter Name: _____

Date: _____

HEALTH & SAFETY SPECIALISTS is pleased to offer you a medical examination at your nearest CityMD Urgent Care. Your department secretary is providing you this letter that you MUST bring with you. We hope that your exam is comfortable and provides you with the confidence of good health.

_____ RETURN TO DUTY EXAM

_____ NEW FIREFIGHTER EXAM

Find the nearest  location nearest you at www.citymd.com

Please Check Off Required Testing:

- **Annual physical** (no blood tests)
This includes the medical exam, EKG, and PFT.
- **Annual physical including blood work**
This includes the medical exam, EKG, and PFT.
- **Follow up visit**

Respirator FIT Testing	
Hepatitis A Serum Vaccination – single dose	
Hepatitis B Vaccination – single dose	
Tetanus TD – single dose	
Measles Mumps and Rubella (MMR) – single dose	
Influenza Vaccination – single dose	
Urine Drug Screen	
CDL Certification	
PPD Tuberculosis Skin Testing	
Hematology – CBC with differential	
Chemistry panel – SMAC 12, basic metabolic, and hepatic profiles	
Urinalysis	
Hepatitis B Surface Antibody Titer	
Hepatitis C Antibody Titer	
PSA (Prostate Specific Antigen)	
Chest X-Ray at CityMD	
Pneumonia Vaccination	
Venipuncture at CityMD	